

A map of Europe with a light blue background and black outlines of countries. The text 'ERASMUS+', 'BRATISLAVA', and '25-29/03/2019' is overlaid in the center. The text 'ERASMUS+' is in a large, bold, black font. Below it, 'BRATISLAVA' is in a slightly smaller, bold, black font. At the bottom of the text block, '25-29/03/2019' is in a smaller, bold, black font.

ERASMUS+

BRATISLAVA

25-29/03/2019



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Proyecto PHIL

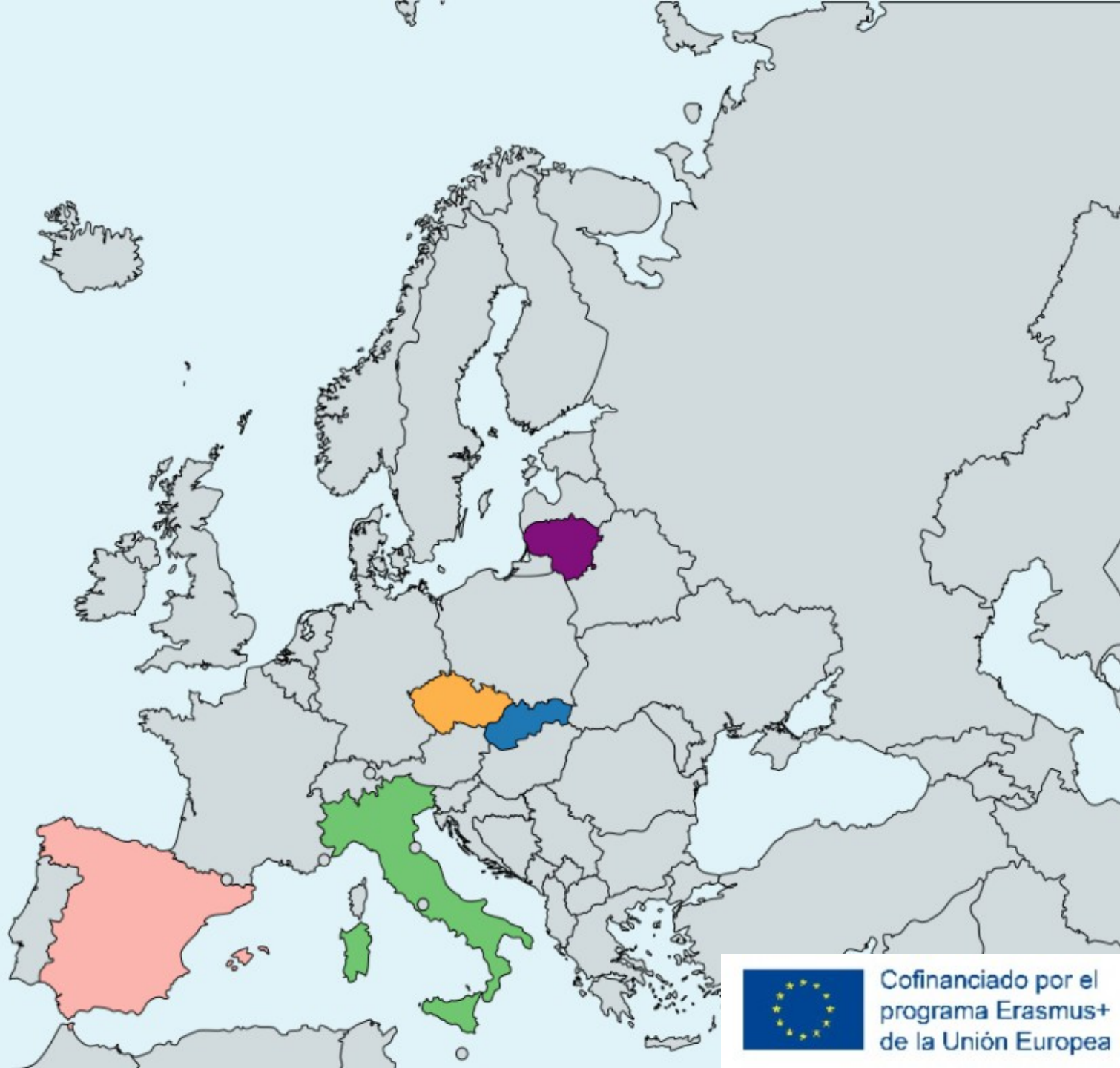
(Promote Healthy Habits and improve Languages)



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PHIL partners

- SPAIN: EOI Ferrol, CIFP Ánxel Casal
- ITALY: Università delle LiberEtà del Fvg
- SLOVAKIA: Jazykova skola Palisady
- LITHUANIA: Informacijos mainu ir svietimo centras
- CZECH REPUBLIC: Stredni skola zemedelska a veterinarni Lanskroun



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Prosim seznámit se s námi, vyřizujeme oslovky!!



Famous Scientists



Person in blue jacket standing near the window.

Person in light-colored top standing near the window.

Person in purple top standing near the window.

Person in red top standing near the window.

Person in patterned top standing near the window.

Person in blue shirt standing near the whiteboard.

Person in blue jacket standing near the whiteboard.

Person in grey jacket standing near the whiteboard.

Person in light blue shirt standing near the whiteboard.

Person in black jacket standing near the whiteboard.

Person in light blue top standing near the whiteboard.

Person in white shirt standing near the whiteboard.

Person in green top standing in the foreground, facing the group.

Person in dark jacket standing in the background.

Person in blue jacket standing in the background.



Bike lane. Bicicoruña.



Decreased body fat levels

Helps manage depression and anxiety

Heart Healthy

Improved posture and coordination

12 mph
30 min
Burns
298
Calories

Increased Muscle Strength and Endurance

Joint Mobility Improved

Prosim nerozprávajte
nahlas, vyrusujete
ostatných!!!







¿How does it affect us?

ionizing

It has enough energy to pull electrons out of matter and cause direct effects

- Alpha
- Beta
- Gamma

ionizing radiation

crozprávajte
vyrašujete
nych!!!





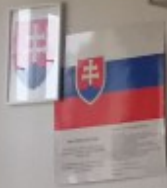
2.3. THE MEDITERRANEAN DIET

Mediterranean Diet Pyramid & Lifestyle for Today

| Food Group | Amount | Notes |
|----------------------------------|-----------------|---|
| Vegetables & Fruits | 5-9 servings | Dark green, red, and orange vegetables; berries, citrus fruits, and apples. |
| Grains, Legumes, Nuts, and Seeds | 3-5 servings | Whole grains, beans, lentils, and nuts. |
| Olive Oil | 2-3 tablespoons | Use as the primary source of fat. |
| Protein Sources | 2-3 servings | Fish, poultry, and eggs. |
| Dairy | 2-3 servings | Low-fat dairy products. |
| Red Meat | 1-2 servings | Limit intake. |
| Sweets and Saturated Fats | Limit | Limit intake of sweets, butter, and saturated fats. |

Prosím nerozprávajte nahlas, vyrúťujete ostatných!!!





STUDIES

CPP-based Credentials

Sanitary branch and Social Care branch.

Two levels of study:

- Intermediate Vocational Training Courses (IVT)
- Higher Vocational Training Courses

Vocational courses and online courses.













Recepción con el presidente de Eslovaquia



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Prezident prijal učiteľov, ktorí sa zúčastnili programu Erasmus

26.03.2019, 16:00



Andrej Kiska prijal v stredu
v Prezidentskom paláci slovenských aj

FCT
CS Laboratorio Clínico e Biomédico
Bratislava



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N E M O C N I C A





JOB SHADOWING
Instituto de Sanidad
Bratislava



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SISTEMA EDUCATIVO ESLOVAQUIA

- **Pre-school education:** 3-6 años
- **Basic education:** 7-15 años
 - Basic first stage
 - Basic second stage
- **Secondary education:** 16-20 años
 - General secondary education: Grammar schools (4-5 años de duración)
 - Specialized secondary education (3-4 años de duración).
 - **Specialized secondary schools (4 años de duración). ISCED 3**
 - Vocational schools (4 años de duración).
 - Apprentice training centres (3 años de duración).
 - Conservatories
- **Higher education:**
 - **First level: Bachelor study programme-ISCED 5**
 - Second level: Master.
 - Third level: Doctorados.





Nutrition
assistant



Laboratory
technician



Optician



Pharmacy
technician

Fields of study



Orthopedic
technician



Dental
assistant



Massage
therapist



Physio
therapist



| Field of study | Level of education | Age of students | Study lasts | Basic Competencies | Employment at... Samples |
|------------------------------|--------------------|-----------------|-------------|---|---|
| Dental assistant | ISCED 3 | 16 -19 | 4 years | <ul style="list-style-type: none"> Assists a doctor in providing dental treatments Educates about oral hygiene | Dental care centre |
| Optician | ISCED 3 | 16 -19 | 4 years | <ul style="list-style-type: none"> Produces, adjusts, and repairs eye glasses and eye occlusors Educates about usage of eye care aids | Services in an eye care centre |
| Orthopedic technician | ISCED 3 | 16 -19 | 4 years | <ul style="list-style-type: none"> Produces,adjusts, and repairs prosthetic and orthopedic aids Explains the usage of medical aids | Production and sale of orthopedic devices |
| Pharmacy technician | ISCED 3 | 16 -19 | 4 years | <ul style="list-style-type: none"> Prepares a medicament Provides information about medicine and medical plants | Pharmacy , pharmacy industry |
| Laboratory technician | ISCED 3 | 16 -19 | 4 years | <ul style="list-style-type: none"> Prepares biological samples for testing Provides medical laboratory testing | Clinical diagnostic laboratory |
| Masseur | ISCED 3 | 16 -19 | 4 years | <ul style="list-style-type: none"> Provides different kinds of massages Provides procedures in rehabilitation | Health centre and relaxation centre |
| Nutrition assistant | ISCED 3 | 16 -19 | 4 years | <ul style="list-style-type: none"> Recommends a diet for various diseases Educates about healthy nutrition and its importance | Health clinics ,Nutrition centres |















DENTÁKNA HYGIÉNA



25. – 29.3.2019 – Nice to meet you colleagues



V tomto týždni sme hosťovali 2 učiteľky z partnerskej školy zo Španielska, z Corune. Spoznali školu, vzdelávací systém a pracoviská odbornej praxe. Oni nám predstavili svoju školu, s ktorou máme spoločné odbory. Počas vyučovacích hodín s nimi študenti diskutovali o svojej práci a štúdiu. Dve študentky ich školy vykonávajú odbornú prax v nemocnici, pod vedením pána Jara, externého učiteľa odboru ZL.



**¿Te animas a realizar la FCT en
Bratislava?**

**Puedes solicitar una beca Erasmus+ el
próximo curso**



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Tour bus



Mr. Potato Head, Woody, Mrs. Potato Head, Rex, Buzz Lightyear, Har

A map of Europe with a light blue background and black outlines of the continents and countries. The text is overlaid on the map.

Coordinación de Programas Internacionais

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<http://www.cifpanxelcasal.gal/>



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